



Breakfast

♣ - Vegetarian Friendly

♣ - Contains Nuts

✓ - Gluten Friendly

Metropolitan Hash \$13 ✓

homefries, onions, peppers, tasso ham, braised short rib, 2 over easy eggs

Avocado Toast \$11

avocado, wheat toast, cherry tomatoes, feta, basil, balsamic reduction

Breakfast Tacos \$11

scrambled eggs, siracha, bacon sausage, cheddar, pico de gallo, served with homefries or cheddar grits

Classic Two \$8

two eggs, bacon or sausage, wheat toast, homefries or cheddar grits

Skinny Omelette \$13 ✓

spinach, cherry tomato, feta, egg whites, served with fresh fruit

Keto Breakfast \$14 ✓♣

grilled sirloin, two eggs, avocado, walnuts, fruit

Chicken Biscuits & Gravy \$13

sausage gravy, fried chicken, buttermilk biscuits, served with homefries or cheddar grits

Porky Omelette \$12

tasso ham, bacon, white cheddar, with sausage gravy, served with homefries or cheddar grits, wheat toast

French Toast \$12 ♣

brioche, walnuts, cinnamon butter, powdered sugar, served with homefries or cheddar grits

Coconut Milk Pancakes \$12

three pancakes, choice of bacon or sausage, choice of homefries or cheddar grits

Hangover Flatbread \$13

bacon, sausage, cheddar, topped with three fried eggs and hollandaise

Smoked Flatbread \$13

cream cheese, spinach, smoked salmon, topped with lemon caper aioli and cucumber

Bacon Egg and Cheese Sandwich \$8

bacon, scrambled eggs, cheddar, on texas toast, choice of homefries or cheddar grits

Sausage MetMuffin \$8

local sausage, over medium egg, cheddar, served with homefries or cheddar grits

Fresh Fruit Plate \$6 ✓♣

Chef's daily selection of fresh fruit

Grapefruit Brûlée \$7 ✓♣

half grapefruit brûlée, fresh berries, whipped cream

Benedicts

Classic \$13

Crab Cake and Tomato \$15

Smoked Salmon and Spinach \$15

Braised Short Rib \$14

all served with choice of homefries or cheddar grits

Omelette \$13

Choose 3 Items to Fill Your Omelette

bacon, sausage, tasso ham, mushrooms, bell peppers, spinach, tomatoes, asparagus, pico de gallo

Your Choice of Cheese

white cheddar, feta, mozzarella, blue cheese

Choose Your Side

homefries, cheddar grits, fresh fruit

Served with Wheat Toast

Beverages

Unlimited Bloody Mary's & Mimosas \$13

must be purchased with food item *2.5 hour limit* *ends at 3pm*

Cucumber Moon \$10
smirnoff citron, st. germaine,
cucumber, lime, simple

A Sigh of Relief \$10
van gogh acai vodka,
blueberries, lime, simple

The Grind \$10
bacardi 4, local cold brew, st.
george NOLA coffee liquor,
demerara syrup

Chef: Patrick Mulvanity

Spring/Summer 2019

Gratuity added to parties of 6
or more

Consuming raw or undercooked meat, seafood, or poultry may increase your risk of food-borne illness